

JUST A LITTLE meal plan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CHILDREN	<p>Birthday Party Tea Pizza's, veg sticks, crisps, cheese & pineappke, party rings</p> <p>Birthday Cake</p>	<p>Tuna Pasta Bake with Sweetcorn</p> <p>Chocolate Mousse</p>	<p>Jacket Potatoes, Cheese & Beans</p> <p>Fruit Salad</p>	<p>Fish Fingers, Chips & Peas</p> <p>Peaches</p>	<p>Salmon Pesto, Green Beans & Rice</p> <p>Custard Pots</p>	<p>Tomato Soup & Bread Rolls</p> <p>Riley's Party - Eating Out</p>	<p>Eggs & Roasted Potato Tray Bake</p> <p>Chicken Pie, Broccoli & Roast Potatoes</p> <p>GU pots</p>
ADULTS	<p>Loaded Vegetarian Nachos</p>	<p>Creamy Haddock Linguine with Tomatoes & Chilli</p>	<p>Ten-Min Black Lentil Dal with Kachumba & Mint</p>	<p>Mushroom Stroganoff</p>	<p>Aubergine Moussaka</p>	<p>Tomato Soup & Bread Rolls</p> <p>Lemon Crusted Cod on Lentil Braise</p>	<p>Eggs & Roasted Potato Tray Bake</p> <p>Stuffed Peppers, Broccoli & Roast Potatoes</p>