

JUST A LITTLE meal plan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CHILDREN	Chicken Kiev, New Potatoes & Broccoli	Luxury Fish Pie with Peas	Fish Fingers, Uncle Ben's Golden Veg Rice & Green Beans	Macaroni Cheese with Sweetcorn	Fish & Chip Night!	BBQ - Sausages, Burgers (Linda McCartney's Mozzarella Veggie Burgers), Corns, Loaded Vegetarian Nachos	Sunday Roast at the pub!
ADULTS	Mushroom Stroganoff with Wild Rice		Butternut Squash Lentil & Coconut Dal	Creamy Feta, Potato & Veg Pie			