

JUST A LITTLE meal plan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CHILDREN	<p>Tuna Mayo Toasted Bagel, Crisps, Yoghurts, Raisins</p> <p>Chocolate bar</p>	<p>Macaroni Cheese With Sweetcorn</p> <p>Fruit Salad</p>	<p>Salmon Pesto, French Beans & New Pots</p> <p>Angel Delight</p>	<p>Pizza Tortillas, Cucumber, Peppers</p> <p>Custard Pot</p>	<p>Fish Fingers, Chips and Beans</p> <p>Muller Corner</p>	<p>Chicken Goujon, Cucumber, Pepper & Mayo Wraps</p>	<p>Soup & Bread Rolls</p>
ADULTS	<p>Salmon with Sesame, Soy and Ginger Noodles</p>	<p>Halloumi, Beetroot & Giant Cousous</p>	<p>Vegetarian 'Meatballs' With Fresh Tomato Sauce</p>	<p>Lime Baked Fish With Pineapple Rice</p>	<p>Aubergine Parmigiana & Pesto Bruschetta</p>	<p>Out for Lunch</p>	<p>Lentil Sheperd's Pie</p>