

JUST A LITTLE meal plan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CHILDREN	<p>Pizza Tortillas, Cucumber, Carrots, Peppers & Humous</p> <p>Muller Corner</p>	<p>Spaghetti Bolognese</p> <p>Ice Cream</p>	<p>Fish Cakes & Peas (Kids) Salad (Adults)</p>	<p>Salmon & Potato Bake</p>	<p>Chicken Burgers & Homemade Chips</p> <p>Strawberries & Ice Cream</p>	<p>Homemade Pesto with Spaghetti</p>	<p>Soup & Bread Rolls</p>
ADULTS	<p>Mushroom Stroganoff</p>	<p>Fish Dish (supermarket bought) with New Pots & Green Beans</p>	<p>GU Pots</p>	<p>Apple Crumble & Custard</p>	<p>Mushroom Spaghetti Bolognese</p>	<p>Double Bean & Roasted Pepper Chilli</p>	<p>Roast Dinner</p>