

JUST A LITTLE meal plan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CHILDREN	Cheese Burgers & Chips	Tuna Pasta Bake	Picnic Tea	Spaghetti Meatballs with Homemade Tomato Sauce	Pizza Night	Soup & Bread Rolls	Baguettes with Tuna (kids) Brie, Cranberry & Rocket (adults)
	Muller Corner	Ice Cream	Jelly & Blueberries	Mango & Kiwi	Three-Colour Cake	Salmon with a Pesto Crust, Crushed New Potatoes, Green Beans & Roasted Cherry Tomatoes	Vegetable Lasagne
ADULTS	COOK Vegetable Moussaka	Crispy Chilli Haddock with Pak Choi Noodles	Halloumi with Fruity Plum Chutney	Out for Dinner!	Lemon Baked Fish with Spinach Mornay		